

### Fried Chicken - Forrest Lee Jr

I originally wrote this for the Outdoor Channel, they never used it, so I added lyrics and sent it to Rescue Records in LA for other TV shows...They never used it, so I doubled the length (ah... pro tools magic), and threw it into the mix for this CD. Tim and Matt tear it up on this one! (Forrest)

This song made me hungry for KFC, so after I recorded my track, I went for wings. They have the best gravy too don't ya know. (Tim)

### Nameless Shuffle - Buddy Emmons

I heard Buddy Emmons playing this song at Scotty's International Steel Guitar Convention. By the time I got home and tried to play the song, I couldn't remember exactly how it went. So, here's my version of Nameless Shuffle. It doesn't sound near as good as Buddy's version and really not much like the song at all. (Tim)

Tim said he was too lazy to learn it so how it really went... This is the song that inspired Tim to design and install an A-bender for his guitar. Also, to achieve some of the licks for this song, Tim put one of his Timara String Drops on the A string. His guitar now has bendons on the A, B and G strings, plus String Drops on the Big E and A strings. Listen for the simultaneous drops and raises used on the song. Jim Evans played the drums, and Tim played everything else. There's ONLY one man that can pull this off on guitar... and that's Tim Wallis. You make me sick. (Forrest)

### Top Loader - Matt Rae

Matt sent me this one first for this project... and I took over the song! Sorry man! But I couldn't help myself... I went Tele Crazy! Matt's not big on tooting his own horn, so I'll do it for him. This song kicks ass! I took the first solo, Matt took the second, and then I wouldn't let up on the end... Somebody stop me! Sorry Tim...Mike Marble played drums and Paul Opalach played bass and keys on it. (Forrest)

I recorded a track for this song, but Forrest said my timing was off, so he didn't put it on. I'm one of the best cowbell players in the country. Forrest was just jealous of my cowbell talent. (Tim)

### Telecasting the Blues - Forrest Lee Jr

This one was supposed to be on my Blues album... but it just seemed to fill a void in the Bendegos CD... every album gotta have some blues! I called on the great Jim Evans for the Drums, and B3 Master Moe Denham on the keys for the Blues album sessions. Sol Philcox came to mind as a cameo for this one, at only 18, he's one of the best pickers I've heard in years. This guy is flat out going to take over, once the world gets wind of his talent. He flew in his tracks... But he was in the States by the time they arrived! (Forrest)

### Schizophrenic Jewish Honkytonk - Forrest Lee Jr, Tim Wallis, Matt Rae

Me and Tim were hanging out in my studio and couldn't decide on a shuffle or a chicken pickin' tune... So we did this... sorry if I've offended anyone! It's been renamed 8 times... and I still like the Jewish angle. BTW I think I'm Jewish. (Forrest) Forrest is only Jewish at Christmas when it comes time to buy his wife a present. (Tim)

### The Delta Is A Mystery - John Bohlinger, Forrest Lee Jr

John was kind enough to throw this tune in the mix. I asked him to be an honorary Bendego, but he said he was too good for us... and that sealed the deal... lol John's playing everything except the drums and wha wha. I took care of the percussion and wha wha. (Forrest)

### Swamp Ass - Forrest Lee Jr

I wrote this to have a new tune for the NAMM show, after I played the first night. I stayed up all night getting the tracks together for the next day's show at the Bugera booth, and next thing you know, Tim and Matt and I were tracking the Bendegos CD. I'm sure you can figure out who's playing what. (Forrest)

### Perfect Storm - Forrest Lee Jr, Tim Wallis

I had this dark Soundgarden groove thing in my head. I think I was listening to Badmotorfinger for a few days... maybe Superunknown... I don't remember. Anyway I laid down some crap, and then sent it to Tim... Matt didn't want anything to do with it (smart man). Timmy made it pretty... damn! So I had to lay down some distorted guitar to crap it up again... No offence to Chris Cornell and the Soundgarden guys... Those albums kick ass... Wish I could have called Chris to lay down a lead part... he sounds just like a guitar with some of his vocals. (Forrest)

I thought this song was one Forrest had already written, so I'm not sure why my name is on the writing credits, but if it's a hit... I'll sure take the money. (Tim)

### Clawdaddy - Matt Rae

This one was included on Matt's Telepathic CD a few years ago. Mark Bridgman played bass on it and Stuart Stahr played drums. Matt had sent it to me to do a cameo on, which I never got around to until it was too late. So I added some steel sounding B-bender on it for this CD... Matt's playing all the main guitars and lead. (Forrest)

### Firlin' With Radar - Tim Wallis, Forrest Lee Jr

Forrest and I teamed up on this little tune. I had the main lick, but not much else. Forrest asked me "where's the rest of it?" my reply was "I don't know, you haven't written it yet". So, Forrest put his magic to it and made it a real song. Forrest then asked me "what's the name of the song?" With an uncanny talent for seeing into the future I said "let's call it Firlin' with Radar". Two hours later, I got a speeding ticket for driving 85 MPH in a 50 MPH zone. Man am I glad I didn't name it "Firlin' with a Semi Truck Hauling Chickens". (Tim)

This one is from Tim's warped imagination. I was just along for the ride. (Forrest)

### Summer Nights - Forrest Lee Jr

I started writing some new songs for my follow up to Telethon, and this is one of the first songs. I played it at the Nashville NAMM show 08. That day I met Tim in person, and was so disappointed... lol. No, really I'm trying to be funny, but Tim is too much for the average cat. We decided to put the Bendegos thing together. So I threw this song into the mix. I'm playing everything on this one. (Forrest)

### Shenandoah - Traditional

The first version that Forrest produced had several special effects in the background. I didn't think the song needed dog barks, cat screeches, kids screaming, air horns and a busy bowling alley in there, so Forrest reluctantly took them out. After Forrest's fever broke, he agreed. (Tim)

### Green Machine - Matt Rae

Stuart Stahr played drums and Paul Opalach played bass. Matt is playing most of the guitars but I added some twisted harmonies to the main open string riff. I tripled them up at the end of the song. This was a tough one for me to figure out! Matt has this uncanny ability to come up with really tough parts! Lots of open strings, and hammer on stuff. (Forrest)

### Crossing Over - Forrest Lee Jr

After a few beers... wondering what the heck I was going to do after I was fired from Microsoft... (long story involving the Seahawks Super Bowl game), I came up with this! It took about 15 minutes of noodling whatever came to mind, with only 3 passes on the guitar. That's it... I just played 3 parts without anything else. When I played it back the next day, I had no idea what to do with it. So here it is because I was short a song! My daughter just asked me if it was called "Stainway To Freebird"... now that's funny! (Forrest)

# THE BENDEGOS

FORREST LEE JR.  
MATT RÆ  
TIM WALLIS

*Special Guest Guitarists:  
John Bohlinger  
Sol Philcox*

100  
THE BEND